



Child Care Links

www.childcarelink.org

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October
2016

Goodbye Doris

It has been thirty one years since Doris Vanek began directing the Reno County Child Care Association. In addition to a new name, Child Care Links has seen many changes over the years. The director, however, has stayed the same. Her service and dedication to quality child care and the future of our children is greatly appreciated and admired.

As with all good things, the time has come to bid her farewell. Doris will begin a new chapter of her life filled with retirement, fun and travel. It has been an honor and privilege to work with her and she will be greatly missed. If you would like to congratulate Doris on her retirement or wish her well, cards or notes can be sent to the office and we will be certain that they get to her.

Thank you Doris, for the years you worked hard for our future generation!



Child Care Links will remain as dedicated as always to assist you as you provide excellent care and nutrition to the children in your care. It is our goal to continue to provide a wonderful partnership with each and every one of you. Besides a new signature on your reimbursement check, you should not notice the change. If you have any questions or concerns, please contact me.

Beth Carlton
Executive Director

Enrollment Time

You will be receiving new pink enrollment forms for the new fiscal year. Please have your daycare parents complete the forms including each child in care. All children attending your daycare must be re-enrolled beginning October 1st. Please fill out an enrollment form for your own children even if you are not eligible to be reimbursed for them. If you do get reimbursed for your own children, remember the age has been extended to 13 years old.

IMPORTANT!! Parents must be the ones to fill out these forms. Make sure that all information is filled in, incomplete enrollment can't be accepted.

After October 1, 2016 you will need to discard any old blue enrollment forms that you may have in your supply and replace them with the new pink forms. Enrollment forms must be current.

New pink enrollment forms for each child in care will be due in our office by October 15, 2016.

NOW ENROLLING!



Tips For Success

- Make sure all 2017 enrollments are filled out properly by the parents and submitted by the October 15, 2016 deadline
- Civil Rights information must be reviewed yearly. Please send the signature page with your new enrollments.
- 1% or skim milk is required for children over the age of 2 years. Please be intentional when purchasing milk.



Nutrition Bites

Pediatric CPR and First Aid



What: Pediatric CPR and First Aid Class

When: Saturday, November 12, 2016

Where: Hutchinson Community College Student Union
Nunemaker Room (downstairs)

Time: 8:00am—Noon

Please send a check to Child Care Links, 21 West 2nd, Hutchinson, KS 67501 for \$50.00. Please note the class date on your check. We will not be able to refund for cancellations made within 14 days prior to the class date.

Class size is limited



Anticipated Reimbursement

Distribution Dates:

October 31, 2016

November 23, 2016

December 28, 2016

Family Style Meal Service

Benefits of Family Style Dining for Children

Children can learn and practice many social skills: taking turns, passing food to others, saying please and thank you, and helping to set the table. Children enjoy eating with adults and practicing good table manners. Children develop positive attitudes about food and do not see one food as more important than other foods because all foods are placed on the table. Children improve motor skills by serving themselves with carefully chosen serving dishes. Bowls with wide lips are most easily handled by young children. Plastic serving bowls are light-weight and don't conduct heat. Children make food choices and try new foods when they see other children and adults eating them. Children may select portion sizes by taking a small portion of food while knowing that more food is within easy reach.

Benefits of Family Style Dining for the Child Care Provider

Child care givers benefit by being able to sit and eat with the children. Because all of the food for the meal is placed on the table at the beginning of the meal, the child care giver does not have to act as server, unless more food is needed for second servings. Children and care givers can enjoy quiet conversation and a relaxed meal together. Care givers can use the opportunity to talk with the children about nutrition and about the foods that they are enjoying together.

Points to Remember

Be prepared! Talk with the children about what will happen. Have a "meal" set up in the play area so that children can practice. Provide child-size plates, cups, utensils and serving bowls that children can use comfortably. Have all foods on the table at the beginning of the meal. Have enough food available to meet meal pattern requirements and to allow for seconds. Some food may spill as children learn to serve themselves. Allow for this. Think about each child's ability to serve him/herself. Begin with only one or two foods as self-serve. Adults may serve other foods that are required in the meal pattern until children are comfortable serving all foods. Seat children strategically by arranging choosy eaters next to hearty eaters. Some children may need more help than others, so seat these children near an adult. Make sure that each child has enough space to serve themselves, eat, and pass food to others. Expect spills. Children are learning and accidents will happen! Wipe up spills without a fuss.

