



Child Care Links

www.childcarelink.org

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21 west 2nd, Hutchinson, Ks 67501

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April
2019

Staffing Change

I am sorry to announce that Ally Perez has accepted a different position and will no longer be working with us at Child Care Links. If Ally was your home visitor, you will now be visited by either Beth or Kathy. Please continue to call or text with questions or concerns and we will be more than happy to help you.



Anticipated Reimbursement Distribution Dates:

April 29, 2019

May 31, 2019



Welcome New Providers

Anette Roberson—Hutchinson

Montara Gaddis—Holyrood

Guadalupe Martinez —Wichita

Tracey Knapp—Hoisington

Grant Opportunity

Kansas Local Food & Gardening Sub Grant is open for applications!

Sub-grant awardees will receive:

- USDA Grow it, Try it, Like it gardening curriculum
- Kansas Farm Bureau book series: Kailey's Ag Adventures
- \$200 sub-grant awarded to implement nutrition education lessons



Applications are due

April 5, 2019 and are available at:

www.kansasteamnutrition.org

Pediatric CPR and First Aid

What: Pediatric CPR and First Aid Class

When: Saturday

April 13, 2019

Where: HCC

Student Union

Blue Dragon Room

Time: 8:00am—Noon

Please send a check to Child Care Links, 21 West 2nd, Hutchinson, KS 67501 for \$55.00. Please note the class date on your check. We will not be able to refund for cancellations made within 14 days prior to the class date.



Class size is limited



Try Something New!



Sample Menu from the National CACFP Association

	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Milk	1/2 cup	3/4 cup	1 cup	Whole Milk (age 1) or Low/Fat-Free Milk (ages 2-5)	Whole Milk (age 1) or Low/Fat-Free Milk (ages 2-5)	Whole Milk (age 1) or Low/Fat-Free Milk (ages 2-5)	Whole Milk (age 1) or Low/Fat-Free Milk (ages 2-5)	Whole Milk (age 1) or Low/Fat-Free Milk (ages 2-5)
	Fruit/Vegetable	1/4 cup	1/2 cup	1/2 cup	Dried Cranberries	Sliced Bananas	Potato Hash Browns	Strawberries	Applesauce
LUNCH & SUPPER	Grain/Meat ¹	1/2 oz eq	1/2 oz eq	1 oz eq	2 oz eq	Whole Grain-Rich Cereal	French Toast Sticks	Whole Grain-Rich Oatmeal	Whole Grain-Rich Pancakes
	Milk	1/2 cup	3/4 cup	1 cup	1 cup ²	Whole Milk (age 1) or Low/Fat-Free Milk (ages 2-5)	Whole Milk (age 1) or Low/Fat-Free Milk (ages 2-5)	Whole Milk (age 1) or Low/Fat-Free Milk (ages 2-5)	Whole Milk (age 1) or Low/Fat-Free Milk (ages 2-5)
	Vegetable	1/8 cup	1/4 cup	1/2 cup	1/2 cup	Green Beans	Broccoli	Chicken Tacos Lettuce, Tomato	Broccoli
	Fruit ²	1/8 cup	1/4 cup	1/4 cup	1/2 cup	Applesauce	Fruit Cocktail	Avocado Slices	Spaghetti Tomato Sauce
	Grain	1/2 oz eq	1/2 oz eq	1 oz eq	2 oz eq	English Muffin	Whole Grain-Rich Dinner Roll	Chicken Tacos Taco Shell	Spaghetti Spaghetti Noodles
SNACK	Meat/Meat Alternate	1 oz	1 1/2 oz	2 oz	2 oz	Cheese Cubes	Baked Chicken Boneless Chicken	Spaghetti Ground Turkey	Cheese Pizza Whole Grain-Rich Pizza Crust
	Milk	1/2 cup	1/2 cup	1 cup	1 cup				Cheese Pizza Mozzarella Cheese
	Fruit	1/2 cup	1/2 cup	3/4 cup	1/2 cup	Mandarin		Mixed Berries	Watermelon
	Vegetable	1/2 cup	1/2 cup	3/4 cup	1/2 cup		Carrot Sticks	Red & Green Bell Peppers Sliced	Jicama
	Grain	1/2 oz eq	1/2 oz eq	1 oz eq	1 oz eq	Crackers		Whole Grain-Rich Pita Bread	
Meat/Meat Alternate	1/2 oz	1/2 oz	1 oz	1 oz		Hummus		Yogurt	

¹ Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week. ² The fruit component at lunch may be substituted by an additional vegetable. ³ A serving of milk is not required at supper meals for adults. oz eq = ounce equivalents



CACFP IS AN INDICATOR OF QUALITY CHILD CARE
Learn more at cacfp.org



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