



# Child Care Links

www.childcarelink.org  
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October  
2018

## Enrollment Time

You will be receiving new pink enrollment forms for the new fiscal year. Please have **the parents** complete the forms including each child in care. All children attending your daycare must be re-enrolled beginning October 1, 2018. Please fill out an enrollment form for your own children, even if you are not eligible to be reimbursed for them. If you do get reimbursed for your own children, remember they can be claimed until their 13th birthday.

**IMPORTANT!! Parents must be the ones to fill out enrollment forms. Make sure that all information is filled in. Incomplete enrollments can't be accepted and can prevent you from receiving reimbursement!**

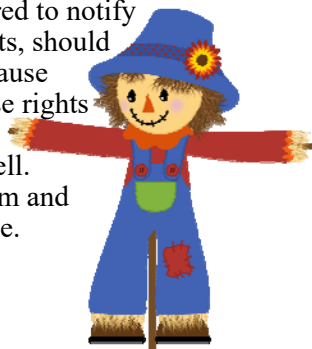
After October 1, 2018 you will need to discard any old gold enrollment forms that you may have in your supply and replace them with the new pink forms. Enrollment forms must be current.

**New pink enrollment forms for each child in care are due to our office by October 15, 2018.**



Civil Rights Training is included with your new enrollment packet. Please read the information, sign and date the signature page and **return with your enrollments.**

Each year we are required to notify you of your appeal rights, should you be terminated for cause from the CACFP. These rights are included in your enrollment packet as well. Please read through them and keep for future reference.



## 2019 Calendar

Each month contains activity pages filled with recipes, nutrition tips, physical & table activities, snacks and more! Monthly calendar pages have oversized squares for recording important events and are followed by the business record-keeping page. Used by almost 40,000 providers across the country and the most requested CACFP tool in print. Order your 2019 calendar today!



## Keeping Labels



It is required by USDA that providers keep a copy of food labels for items credited as whole grain or whole grain rich, all cereal and all yogurt served to children in care. It is required that you keep one label for each item served during the current month

and the previous month. They should be kept in a file with your food program documentation and available to be viewed during home visits. **DO NOT SEND THEM WITH YOUR MENUS!** They must be kept on site. You may choose to take pictures of the labels instead of cutting them out but the pictures must also be available during a home visit. Please call your home visitor if you have any questions.

## Anticipated Reimbursement

### Distribution Dates:

Oct. 30      Nov. 30      Dec. 28

Nutrition Bites

# Walk to School Day

Join communities across the country and create your own preschool version of Walk to School Day October 10th to promote healthy and safer routes to school and daycare. Scale your event to the children's ages and surroundings. Take a walk in the neighborhood or on the playground. Draw a walking path or "road" with intersections using sidewalk chalk outside or colored masking tape indoors. Teach safe ways to walk on the "sidewalk" and approach and cross the "intersections".

- Hold on to a safe person's hand
- Look both ways
- Listen and only cross when they say it is safe to cross
- Cross only at the corner or intersection, avoid behind or between cars

Check out the link for more information, puzzles and stickers at <http://www.walkbiketoschool.org>



## October Is...

Apple Month

Cranberry Month

Eat Better, Eat Together Month

Farm to School Month

Pasta Month

Child Health Day—Oct 8

Walk to School Day—Oct 10

Oatmeal Day—Oct 29

# Apple Cranberry Salad

## Ingredients:

- 10 c. Romaine Lettuce
- 2 apples, sliced
- 1/2 c. walnuts, chopped
- 1 c. dried cranberries
- 1/2 c. green onion, sliced
- 3/4 c. vinaigrette dressing



## Directions:

Toss lettuce, apples, walnuts, cranberries and onion in a large bowl.

Add dressing; toss to coat. Serve immediately

Tip: after slicing the apples, dip them in orange juice to prevent browning. Drain well before combining with other ingredients

*Serving Size:* 1 Cup *Credit:* 1/2 c. fruit/vegetable

## Welcome New Providers!

Lindsay Davis-Valley Center

Jemima Alzinnor-Wichita

Zxana Christner-South Hutchinson

Sheila Meeks-Augusta

Jessica Anderson—Canton

