



Child Care Links

www.childcarelink.org

Follow us on Facebook

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August

2018

Nutrition
Bites

Pediatric CPR and First Aid

What: Pediatric CPR and First Aid Class

When: Saturday,
August 25, 2018

Where: HCC
Student Union
Blue Dragon Room

Time: 8:00am—Noon

Please send a check to Child Care Links, 21 West 2nd, Hutchinson, KS 67501 for \$55.00. Please note the class date on your check. We will not be able to refund for cancellations made within 14 days prior to the class date.



Tips for Success

- Be sure to list amounts of grains on the infant menu
- Grain based desserts are no longer creditable this includes vanilla wafers
- Be sure to mark WG or WGR at least one time each day
- Menus are due to our office by the 3rd of each month

Welcome New Providers

Rachelle Hapes—Great Bend

Kayla Reisner—Larned

Karen Bookout—Ellinwood

Tiffany Tucker—Wichita

Ashley Doby—Wichita

CACFP Training Hours

If you are still in need of completing the required 2 hours of CACFP training this year, you received a blue instruction sheet with your June reimbursement check. Please complete an online training (minimum of 2 hours) and mail your certificate to the office NO LATER THAN AUGUST 1, 2018. These hours will work only for food program unless approved by your local licensing surveyor. The instructions are:

Free, CACFP approved training is available online from the Institute of Child Nutrition:

1. **Log on to www.theicn.org**
2. **Click on Training**
3. **Click on E-Learning**
4. **Choose a Child Care Nutrition topic (2 hours required)**
5. **Click on Enroll**
6. **Click on Enroll again**
7. **Sign in or Make an account**
8. **Take the Class**
9. **Print your certificate**
10. **Mail a COPY of your certificate(s) to Child Care Links**
11. **This fulfills your CACFP requirement only and can not be used for license renewal (unless approved by licensing)**
12. **Please complete BEFORE August 1, 2018.**



National Farmers Market Week



National Farmers Market Week is an annual celebration sponsored by the USDA that highlights the important role farmers markets play in the nation's food system. Celebrating it's 19th year, National Farmers Market Week is always the first full week of August, this year August 5-11, 2018. Celebrate with the children and learn all you can about farms, big and small, that help feed us all!

Visit a local Farmers Market in your area:

Barton County

Great Bend Summer Street Stroll Farmers Market

Butler County

Augusta Farmers Market

Andover Farm and Art Market

Ellsworth County

Ellsworth Farmers Market

Harvey County

Harvey County Farmers Market

Marion County

Hillsboro's Farmers Market

Doyle Valley Farmers Market

McPherson County

Moundridge Farmers Market

McPherson County Farmers Market

Lindsborg Farmers Market

Sumner County

Border Queen farm and Art Market

Reno County

Reno County Farmers market

South Hutchinson Farmers market

Arlington Farmers Market

Sedgwick County

Derby Farmers Market

Kansas Grown

GreenAcres Farmers Market

For more information on times and locations visit:

<http://www.kdheks.gov/sfmnp/find.htm>

Let's Get Moving

Dragon Tag



- Split players into groups of four or more and have them form chains by linking arms and grabbing each others' shoulders.
- Give the last player in each chain a scarf, bandana or long sock that they hold behind them like a tail.
- Shout "Go" and the Dragons begin to chase each other, trying to grab the opponents' tails while protecting their own. Only the first player in the dragon chain can grab another team's tail. Each team's chain must stay together.
- Once a Dragon's tail is captured, that Dragon stops and cheers on the other Dragons.
- Play until one player has all tails, or for a predetermined time period.
- When playing again, have the children switch positions so they can see what it is like to be different parts of the Dragon.

Source: <https://www.verywellfamily.com/how-to-play-sock-tag-1257383>

Reimbursement Rates Effective July 1, 2018

	<u>Tier 1</u>	<u>Tier 2</u>
Breakfast	\$1.31	\$.48
Lunch/Dinner	\$2.46	\$1.48
Snacks	\$.73	\$.20

There was no change to
reimbursement rates this year